



# Cov Cai rau Tsev Laus Muaj Kev Pab thiab Tsev Laus hauv Minnesota

Assisted Living and Nursing Home Laws in Minnesota

Cov tsev laus muaj kev pab (assisted living) thiab tsev laus zoo sib xws. Koj hu tau rau Senior LinkAge Line ntawm 1-800-333-2433 kom paub ntxiv txog kev tu zoo li cas.

## - Tsev Laus Muaj Kev Pab -

Tsev laus muaj kev pab yog tsev xauj uas muaj kev pab xws li zaub mov noj txhua hnub, tu tsev, kev pab rau txhua hnub, kev ua si lossis pab haujlwm xwm ceev.

Tsev Laus Muaj Kev Pab suav tau:

- lub tsev thiab chaw siv tau
- cov chaw so haujlwm lawm
- chaw pab kho kom nco qab thiab tsev tu mob
- cov tsev loj xauj uas muaj kev pab



Tus nqi rau Tsev Laus Muaj Kev Pab yog thaj tsam li \$4,000.00 tauj ib hlis tabsi tej zaum tsawg dua lossis ntau tshaj ntxiv.

## Tej Yam Yuav Xav yog Koj Nrhiav Tsev Laus Muaj Kev Pab

- Tsis yog tagrho cov Tsev Laus Muaj Kev Pab yuav txais nyiaj los ntawm tsoom fwv. Nco ntsoov xyuas.
- Yog koj xav kom tsoom fwv pab them rau koj qhov Tsev Laus Muaj Kev Pab koj yuav tau ua daim ntawv Medical Assistance (MA) them ntev THIAB qhov MN Choices kev ntsuam xyuas.
- Koj tej zaum yuav tau them rau koj qhov tsev tu koj tus kheej txog thaum koj daim ntawv MA raug pom zoo tso. Yuav siv sijhawm li ob peb lub lim tiام lossis ob peb lub hlis.

- MA them tau cov kev pab koj toobkas, tabsis tej zaum koj yuav tau them nqi tsev xauj thiab noj haus. Tej zaum tej txhia yuav tau txais tau kev pab los ntawm Housing Support. Yuav kom siv Housing Support, koj qhov Tsev Laus Muaj Kev Pab yuav tsum tsis pub nqi xauj tsev thiab noj haus tshaj \$934 tauj ib hlis.
- MA muaj qhov txwv koj cov khoom ntiag tug. Yog koj muaj ntiag tug ntau heev, koj tej zaum yuav tau tham nrog ib tug kws lij choj uas ua hauj lwm nrog kev npaj MA. Tus kws lij choj mam nrog koj tham txog txoj kev zoo siv koj cov nyiaj thiab ntiag tug rau koj cov hom phiaj.



### **Kuv yuav xaiv Tsev Laus Muaj Kev Pab li cas?**

- xav txog cov kev pab koj xav tau thiab koj xav nyob qhov twg
- [www.minnesotahelp.info](http://www.minnesotahelp.info) yog ib qho chaw qhia ntxiv txog Tsev Laus Muaj Kev Pab nyob Minnesota.



- Nyob saum toj sab xis ntawm qhov "home page", nias qhov [Select Language] ces xaiv [Hmong] rau Google cov lus txhais lub vas sab.
- Nias rau "Cov laus"
- Nias rau "Lub tsev nyob" (hauv qab "Xav Paub")
- Nias rau "Txhawb Cov Vaj Tsav"
- Xaiv ib qho hom lus

- Yog tau, nug cov neeg nyob ntawd tam sim no seb lawv xav li cas

### **Cov cai kuv muaj yog dabtsi thaum kuv nyob hauv Tsev Laus Muaj Kev Pab lawm?**

Koj muaj cov cai tib yam li lwm tus neeg xauj tsev.

- koj yuav tsum them nqi tsev thiab tsis txhob ua txhaum koj daim ntawv xauj tsev
- Koj tus tswv tsev yuav tsum kho tej yam puas hauv koj chav tsev. Saib peb daim ntawv qhia [Kom Tus Tswv Tsev Kho Vajtse](#)
- Koj tus tswv tsev yuav tsum ua raws li cov kevciai rau fair housing. Nov suav nrog kho tsev kom nyob taus lossis hloov koj chav tsev raws li koj toobkas. Saib peb daim ntawv qhia [Ua Kom Tsim Nyoq Nyob Taus: Koj Puas Xav Kom Koj Tus Tswv Tsev Hloov Tej Yam Vim Koj Qhov Xiam Oob Qhab?](#)

- Ntiab tsis tau koj tawm yog koj tus tswv tsev tsis ua ntawv foob koj hauv tsev hais plaub  
Koj kuj muaj lwm yam kev tiv thaiv ntxiv.
- Yog koj lub Tsev Laus Muaj Kev Pab xaus koj daim ntawv cog lus kev pab, koj tseem nyob tau ntawd ntxiv thiab nrhiav koj cov kev pab
- Koj tso tau ib lub koob thaij duab rau hauv koj lub hoob los saib xyuas kom koj kev nyab xeeb. Koj yuav tsum muab ib daim ntawv xee npe rau neeg Pab Tu lossis tu ntev (ombudsman). Koj nrhiav tau daim ntawv ntawm [health.state.mn.us/facilities/regulation/emonitoring/](http://health.state.mn.us/facilities/regulation/emonitoring/). (lus Askiv xwb)
- Pib lub Yim Hli hnub tim 1, xyoo 2021, koj nug tau rooj mloog plaub yog tias Tsev Laus Muaj Kev Pab xaus koj daim ntawv cog lus.
- Yog koj lossis ib tug pab koj ua ntawv tsis txaus siab, ua daim ntawv txog kev ua phem, lossis sawv raws koj cov cais, tsev laus muaj kev pab thiab/lossis cov neeg ua hauj lwm pauj tsis tau koj.
- Koj muaj cai txais ntaub ntawv li yam uas koj totaub zoo tshaj. Tej zaum yuav yog lwm hom lus, suav nrog ntawv sau rau neeg dig muag (braille) lossis ntawv rau cov tsis hnov lus (ASL).

### - Cov Tsev Laus -

Cov Tsev Laus txawv dua Tsev Laus Muaj Kev Pab. Lawv muaj cai thiab kev tiv thaiv ntau dua. Tej zaum Medicare yuav them tau rau ib qho koj nyob.

Medical Assistance (MA) pab them tau rau Tsev Laus.



### **Cov cai kuv muaj yog dabtsi thaum kuv nyob hauv tsev laus?**

Koj muaj cai li cov neeg xaub tsev. Koj muaj cai li hais saum toj raws Tsev Laus Muaj Kev Pab. Koj kuj mua kev tiv thaiv ntau tshaj.

Muaj 6 nqi lus thiaj tso tawm tau koj hauv Tsev Laus:

- 1) Koj noj qab nyob zoo ntxiv tuaj
- 2) Koj lub chaw raug kaws
- 3) Koj tiv nqis tsev
- 4) Koj tsis muaj kev nyab xeeb
- 5) Lwm tus tsis nyab xeeb yog koj nyob ntawd
- 6) Lub chaw ua tsis tau raws li koj kev toobkas

Txoj kevcai Health Care Bill of Rights tiv thaiv koj kom tsis txhob raug yuam noj tshuaj lossis raug kho yog koj tsis kam.

**Yog koj toobkas ua ntawv tsis txaus siab:**

- Tham nrog koj lub chaw nyob. Tej zaum yuav sib kho tau thiab kho qhov teebmeem.
- Hu ib tug MN Ombudsman rau Long-Term Care ntawm 1-800-657-3591
- Hu MN Office of Health Facility Complaints ntawm 1-800-369-7994



**Xav tau kev pab lossis xav paub ntxiv?** Senior Linkage xov tooj 1-800-333-2433.

*Daim ntawv nod yog them nyiaj ib nrab los ntawm Metropolitan Area Agency txog Aging thiab Older Americans Act.*

*Cov ntawv Qhia Tseeb yog qhia kom paub txoj kevcai xwb TSIS yog muab txwv yim txog txoj kevcai. Mus ntsib ib tug kws lij choj rau tsww yim. Tsis txhob siv daim ntawv qhia tseeb yog tias nws qub tshaj ib xyoos lawm. Nug peb txog cov hloov tshiab, daim ntawv qhia txog cov ntawv qhia tseeb, lossis lwm hom ntawv.*

© 2021 Minnesota Legal Services Coalition. Luam tau daim ntawv no los siv rau tus kheej tsis ua lag luam thiab qhia kom paub xwb. Tagnrho lwm cov cai ceev tseg. Qhov lus sau no yuav tsum nyob rau txhua daim ntawv. Txwv tsis pub muab luam, faib, thiab siv ua lag luam.